



For Immediate Release:

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**Beloved Bestselling Author Joan Anderson  
Celebrates Her New Book *The Second Journey: The Road Back to Yourself*  
at a Program To Benefit Ragdale**

**LAKE FOREST – April 9, 2008** - The Ragdale Foundation will host Joan Anderson, bestselling author of *A Year by the Sea*, for lunch at Lovells of Lake Forest on **Tuesday, May 20 at 11:30 a.m.** as part of its “**Ragdale Presents**” series.

In town to mark the release of her new book *The Second Journey: The Road Back to Yourself*, Anderson will appear at Lovells for lunch and to share her musings on love, marriage, growing older, family, aging parents, and spirituality.

Renowned public speaker and a leader of sold-out retreats around the country, Anderson has been a popular speaker at past events with Ragdale.

“We are so pleased that Joan took time out from her book tour to speak at an event that benefits Ragdale,” said Executive Director Susan Tillett. “Her generosity of time and spirit supports our residency program which provides time and space for artists to work.”

Ragdale hosts this program in partnership with the Lake Forest Bookstore. Joan’s books will be available for sale at the event. Tickets for the event are \$40 which includes lunch and the program. A book signing will follow the event. Reservations are required and can be made by calling 847-234.1063 x. 205. Lovells of Lake Forest is located at 915 South Waukegan Road.

*Ragdale is located in Arts and Crafts architect Howard Van Doren Shaw’s Lake Forest country estate, just 30 miles north of Chicago. Built in 1897, the Ragdale House is listed on the National Register of Historic Places. In 1976, Shaw’s granddaughter Alice Judson Hayes transformed her family’s summer home into an artist colony providing time and space for artists to create important new work. Today Ragdale hosts up to 200 artists, writers, and composers each year, making it the largest interdisciplinary artists’ community in the Midwest and the fourth largest in the country.*

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**For more information, contact:**

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